

Bellbrook Babbler

«Title»

21 June 2019

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Education
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What a great day at John O'Neill sports. Bellbrook students were a very close runner-up in the marching and wooed the judges with their war cry performance to take the trophy home again. Well done everyone.

We have been learning all about Dixee and Natahni over the last two weeks as Students of the Week.



WHAT'S ON

Week 8

Mon 17 Jun Yrs 5/6 PD talks Willawarrin

Week 9

Thur 27 Jun Small schools athletics 3-6

Fri 28 Jun P&C lunch day

Week 10

Tues 2 Jul End of semester awards

Assembly 2.30pm

P&C meeting 3.15pm

Wed 3 Jul NAIDOC activities South KMC

Fri 5 Jul Last day term 2

Term 3

Mon 22 Jul Staff development day

Tues 23 Jul All students return

Mon 29 Jul Dental van all week



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STEM projects



Our Year 5/6 students recently competed in the Science & Engineering Challenge. Team on the left had to construct a bridge out of cardboard and have its strength tested.

The team above had to use a length of string to connect cities, using the least amount of string. The left over string was measured for points.

What else is happening

We would like to welcome Rosie into our school. Rosie will be working with us as a School Learning Support Officer in the K-2 room with Mr Duncan. Welcome also to our two new students, Jarell and William who have joined us from Grafton.

John O'Neill Sports day was a great day. Thank you everyone for your support and congratulations to the students for giving it their best on the day. The P&C milkshakes were a big seller again and thank you to the P&C for fundraising for our school.

Our school athletics held last Friday was also a great day. Thank you everyone for your help and support, especially to Dave and Michelle for allowing us to use the cabin area. Photos next Babbler.

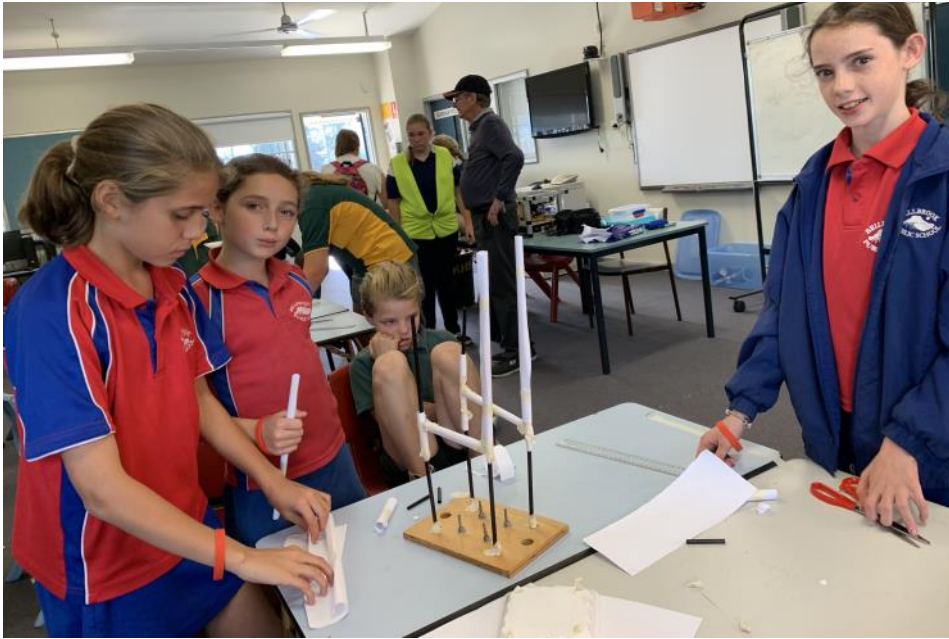
Today Years 5 and 6 travelled to Willawarrin School to participate in personal development lessons. This is a great opportunity for parents to talk to their child about what they learnt and maybe answer any questions that come up.

The small schools athletics carnival is being held on Thursday, 27 June 2019 in Kempsey. Only selected students will be participating and school will be as normal for all other students. Consent forms will be sent home this week and parents will need to transport their own children on the day.

We would love to see lots of parents and carers join us for our end of semester awards at the school assembly on Tuesday, 2 July 2019 starting at 2.30pm. This will be followed by a P&C meeting at 3.15pm.

On Wednesday, 3 July 2019, the whole school will be travelling by bus to Kempsey South Public School to participate in NAIDOC activities. More information will be sent home when known.

Science challenge



The challenge for students on the left was to construct a tower at least 35cm tall using only straws, paper and tape. The tower had to withstand weight and shaking.

In this challenge, the boys had to follow a set of instructions to give power to a city. One side had the switches for power and the other side controlled the amount of power.



We have recently purchased some new stools for the classrooms. If children are a bit fidgety, they can wobble the stool to release their energy while still engaging in lessons.

Some more new furniture is expected to be delivered next term.





ACTIVE KIDS VOUCHERS

Office of Sport

From 1 July 2019, parents, guardians and carers can apply for two \$100 Active Kids vouchers per calendar year for each school-enrolled child.

<https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>



CRUNCHY CELERY, SUGAR SNAP PEA & CHICKEN ROLLS

Prep 20 mins | Makes 6

150g sugar snap peas, trimmed
1 celery stick, finely chopped
2 cups shredded cooked chicken
 $\frac{1}{4}$ cup reduced fat mayonnaise
6 long brioche bread rolls, split along the centre top

Step 1 Bring a small saucepan of water to the boil over high heat. Plunge sugar snap peas into the pan, cook for 20 seconds. Drain and refresh in cold water. Pat dry on paper towel. Thinly slice the peas and place into a bowl.

Step 2 Add celery, chicken and mayonnaise to peas. Season with salt and pepper to taste. Mix until well combined.

Step 3 Spoon the sugar snap pea and chicken mixture into the rolls and serve.



The simplest way

... to choose foods for the lunch box

Pick one food from each food group:

Breads & Cereals:
rich in carbohydrates,
the body's preferred
source of energy –
perfect for kids to
play and learn all
day.



Vegies & Salads:
high in fibre and packed full of vital vitamins and minerals
to boost health and help maintain a healthy weight.

Meat & Alternatives: rich in protein, iron and zinc.

Dairy: important for growing healthy bones and teeth.

Fruit: naturally sweet and refreshing the perfect snack for
growing bodies.

For simple ideas on foods from each group visit
healthylunchbox.com.au

healthylunchbox.com.au

We acknowledge the traditional custodians across the lands on which we live and work, and pay our respects to Elders both past and present.