Bellbrook Babbler

4 November 2019

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We love our visits from Healthy Harold each year. Students learn about important personal health and development topics.

Kooriahli and Edward are our students of the week for the fortnight.



WHAT'S ON TERM 4

Tues 5 Nov P&C meeting 3.15pm Thur 7 Nov Chess comp SWR school 8 Nov Fri Kindy transition 9.00am Mon 11 Nov Remembrance Day 15 Nov Kindy transition 9.00am Fri Tues 19 Nov School assembly 2.30pm 22 Nov Kindy transition 9.00am Mon 25 Nov - 29 Nov Intensive swim program Mon 2 Dec - 6 Dec Intensive swim program Mon 3 Dec Melville High orientation day P&C meeting 3.15pm Wed 4 Dec Kempsey High orientation day 13 Dec End of year excursion



Kindergarten transition program



It was lovely to see our kindergarten students for 2020 last Friday for our transition program.

Jesse, Kayden, Kimberly and Lily all had a great day doing some fun activities in the K-2 class with Miss Syd and Mr Duncan.

We hope to see our other Kindy enrolments join us this Friday.



On Mondays students participate in a cooking class with Miss Crowe, making dishes from around the world and learning skills such as chopping, stirring, measuring and of course, cleaning up. So far they have made pizzas and tacos. Today's menu is shepherd's pie.

What else is happening

There is an important P&C meeting tomorrow at 3.15pm. Everyone welcome.

Good luck to our chess team, Ari, Nathan, Dane and Joe who will be competing in the Macleay Public Schools chess tournament this Thursday at South West Rocks school.

Our Kindergarten Transition to school program started on Friday, 1 November 2019 and will run for another three weeks each Friday from 9.00am to 3.00pm.

At the end of November and first week of December, we will be joining in with other schools for the Intensive Swimming Program in Kempsey. More information shortly.

We highly recommend parents who have access to the internet to set up an account with Transport NSW for those families who receive SchoolDrive subsidies or have bus passes. It is so easy to add or change student details or personal information. All the information about subsidies and free school travel is here for our new families as well.

Go to: https://apps.transport.nsw.gov.au/ssts/schoolDriveSubsidy#/parentPortal





Camela and Deborah enjoying their pizzas made in a recent Monday cooking class.

Quick ways to serve blueberries

- Top a refreshing green kiwifruit, green apple and spinach smoothie with blueberries.
- Spread wholegrain toast with reduced fat cream cheese then scatter over a few blueberries.
- Toss blueberries through fresh seasonal fruit salads. In spring, team blueberries with chopped fresh pineapple, rockmelon and strawberries.
- Add a handful of blueberries and a dollop of yogurt to healthy breakfast cereal. Finish with a swirl of maple syrup or honey for extra sweetness.





PCYC SAFER DRIVER COURSE

If you hold a valid NSW Learner Licence, are under 25 years of age and have completed a minimum of 50 hours actual on-road driving then you are eligible to attend the Safer Driver Course run by PCYC Kempsey.

The course's aim is to help young people develop safer driving practices and skills so they are better prepared for when they transition to solo driving. The Safer Driver Course counts towards 20 hours of Learner Driver Logbook time and provides strategies for dealing with road risks and provides guidance to prevent risk taking behavior. Topics covered include safe driving distances, crash avoidance, speed management and hazard identification. These strategies are a great asset for young drivers who are transitioning to unsupervised driving, better preparing them for the potential situations and conditions that may face them during their driving. The course is educational, enjoyable and will help you drive more safely.

Our dates for the new year are as followed

- November 23rd 2019– 10am 1pm for module 1
- Module two will be given after booking

Contact PCYC Kempsey 6562 8399 for information and booking details or you can visit online at https://saferdrivers.org.au/



We acknowledge the traditional custodians across the lands on which we live and work, and pay our respects to Elders both past and present.