

# Bellbrook Babbler

«Title»

12 November 2018

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Education  
Public Schools



Our SRC elections will be coming up soon. We are looking for four student leaders for 2019 who show leadership qualities, respect, friendship and good organisational skills. Any students interested should start preparing a speech now.

The SRC would like to thank everyone for supporting our PJ day. We purchased plenty of bouncy balls for everyone to help keep fitness levels up at break times.

## WHAT'S ON TERM 4

|             |                                |
|-------------|--------------------------------|
| Tues 13 Nov | Life Ed Van visit              |
| Thur 15 Nov | School camp overnight here     |
| Fri 16 Nov  | P&C smoothies \$2.50           |
| Tues 20 Nov | School assembly 2.30           |
| Fri 23 Nov  | SRC Crazy hair day             |
| Mon 26 Nov  | Swimming lessons for two wks   |
| Tues 4 Dec  | P&C meeting 3.15               |
| Fri 7 Dec   | Last swimming lesson           |
| Tues 11 Dec | End of year awards and concert |
| Thur 13 Dec | Year 6 farewell disco          |
| Wed 19 Dec  | Last day for students          |

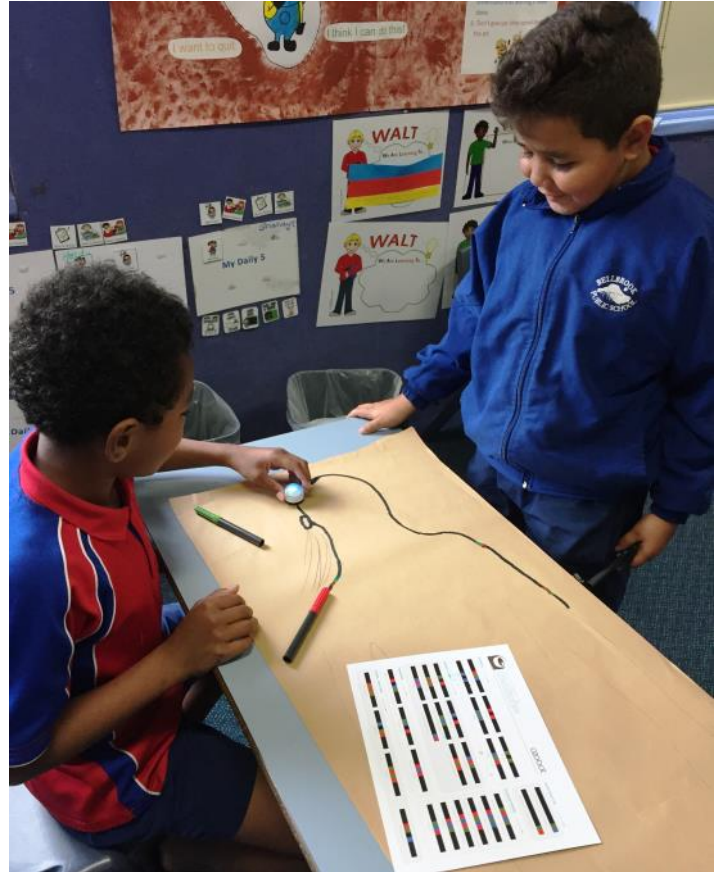




## Technology

Each week we spend quite a lot of time using our STEM equipment. Below the students are using the ozobots to trace their patterns of different systems in the human body.

We have started using our STEM share kit this week and working out how the 3D goggles work.



## What else is happening .....

Welcome to our transition students who are joining in our Kindergarten transition to school program today. The program will run again next Monday as well. Any children enrolling for 2019 will need to complete an enrolment form and provide copies of required paperwork as specified in enrolment papers.

We will be holding a school camp on Thursday 15th and Friday 16th November here at school. The theme will be sustainability and we will be making some recycled artworks. Please return note by tomorrow.

The Life Education Van will be visiting our school tomorrow. If you want to purchase any merchandise, please send order form in with correct money.

Notes for our intensive swimming program were sent out last week. Please return as soon as possible. Parents can start paying \$10 per week now.

This week is pollination week. Students will be learning about the importance of bees and the role they play in keeping the world fed.

# Live Life Well @ School



## Join the Nude Food Movement!

- Save \$ by buying in bulk
- Save the planet by reducing waste
- Save your health by eating healthier

For more information: <https://www.nudefoodday.com.au/>



**Health**  
Mid North Coast  
Local Health District

## Bellbrook School

### Awards Presentation & Concert

**Tuesday, 11 December 2018**

**9.30 am**

**Everyone welcome**



### Why is pineapple good for kids?

- A good source of manganese, a mineral that is needed for the normal development of bones and cartilage.
- The sucrose in pineapple comes with a good complement of many vitamins and minerals including vitamin C, one of the vitamins involved in protecting us from infection.

## Tropical fruit breakfast salad

Preparation 15 mins | Serves 4

250g fresh lychees, peeled and seeds removed  
½ small Bethonga Gold pineapple, peeled and diced  
125g blueberries  
2 passionfruit, halved  
1½ cup muesli  
2 cups Greek-style natural yoghurt  
2 tbs maple syrup (optional)

**Step 1** Place lychees, pineapple and blueberries into a bowl. Scoop passionfruit pulp over fruit. Gently toss to combine.

**Step 2** Layer muesli, yoghurt and fruit mixture into serving glasses. Drizzle with maple syrup if using and serve.

