

# Bellbrook Babbler

«Title»

30 July 2018

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Education  
Public Schools



Thank you to the community for already sending in some yummy citrus. We will be learning all about Nathan this week as Student of the Week.



## WHAT'S ON TERM 3

Fri	3 Aug	SRC Farmer day
Mon	6 Aug	SCHOOL PHOTOS
Tues	7 Aug	P&C meeting 3.15 pm
Fri	10 Aug	Macleay district athletics KMC Book club orders due in
Mon	13 Aug	First aid course Bellbrook Hall
Wed	15 Aug	Science day at Willawarrin
Thur	16 Aug	Area Health dental assess
Tues	21 Aug	Book Week activities
Fri	31 Aug	Premier's Reading closes Lower Nth Coast athletics
Mon	3 Sep	Dental van here all week
Tues	4 Sep	KHS orientation day P&C meeting 3.15 pm
Fri	14 Sep	North coast athletics



## What else is happening .....

Welcome back to Term 3. We have lots happening on the calendar already and there'll be more added all the time.

We would like to welcome Angela Mann to our school for the remainder of the year. Unfortunately Miss Atkins had to return to her former school to help out but we were very lucky to secure Angela who will be working one on one with students and providing release for other staff.

### SRC News

Dress as a **farmer day** is being held this Friday, 3rd. The SRC have organised a fund raising day to support Kempsey Hay Run for farmers out west who are experiencing hard times due to the drought. Students are asked to wear their jeans and dress as a farmer for the day. A gold coin donation will be collected and money used to purchase grocery items.

Our **new sports shirts** finally arrived at the end of last term and we are currently working out sizing so that each child gets one from the P&C funding. **School photos** will be taken on Monday, 6 August so we will hold the shirts and put them on, on that day.

Congratulations to those students who have made it through to the next level in athletics - Nathan, Jaren, Elijah, Shanaye, Aleeah, Lea-Ann and Heidy. The **Macleay athletics** is being held next Friday, 10 August 2018 in Kempsey. School will be as normal for those students who are not participating and notes will be sent out shortly for those who are.

The whole school will travel to Willawarrin School on Wednesday, 15 August 2018 to join in a fun science day for **National Science Week**.

North Coast Area Health will be conducting **dental assessments** here at school on Thursday, 16 August 2018. Please complete and return the attached consent form.

Our annual **Book Week** activities will be held on Tuesday, 21 August 2018. There will be a book fair in the library all day where the community and students can purchase books from \$2 and classroom activities from 2.00 pm. Children are encouraged to creatively make a costume of their favourite book character to change into at lunch time for the parade.

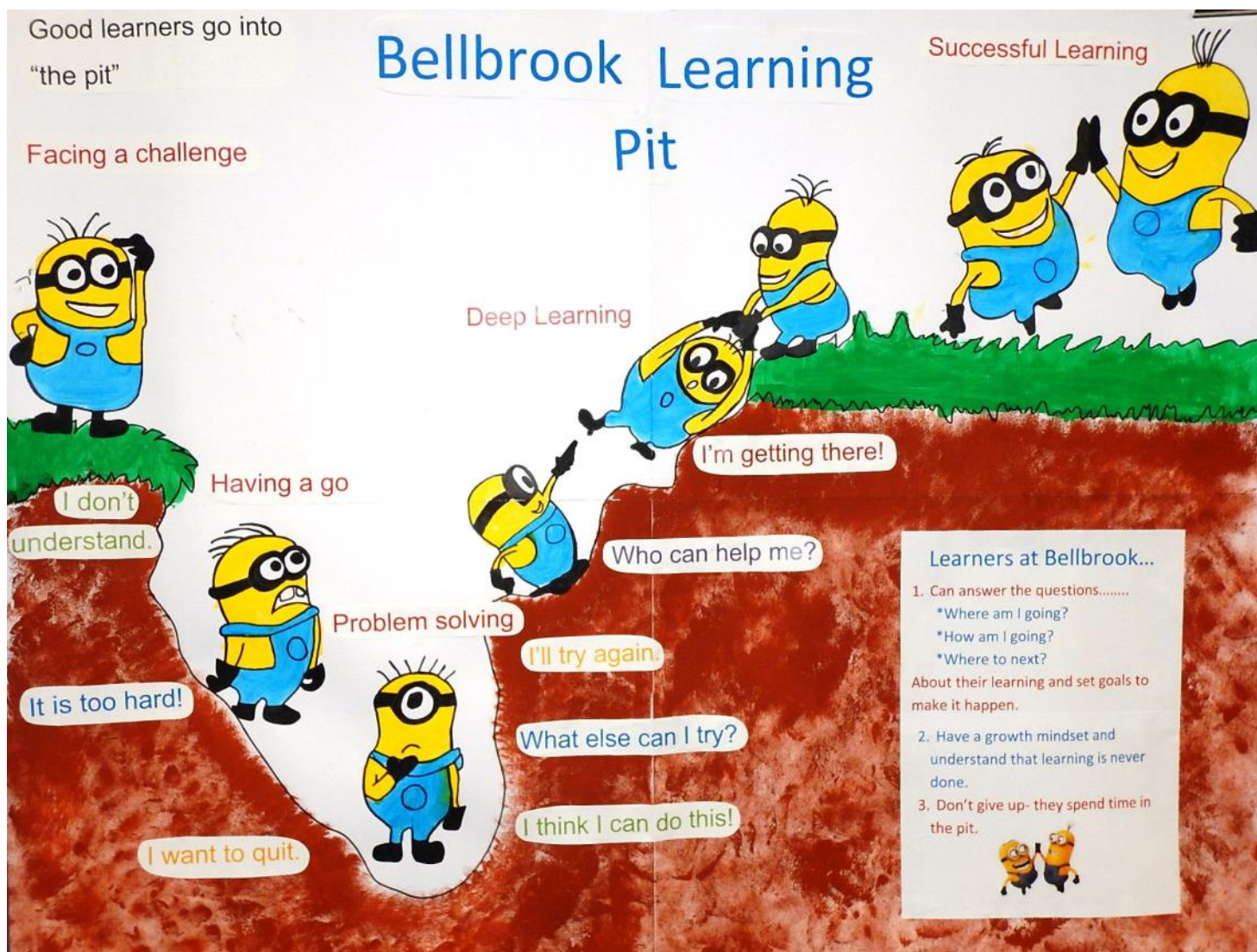
Enrolment forms are available from school for any children starting **Kindergarten in 2019**. Our numbers have decreased again slightly this year so we are very keen to get some new students starting. More information about our transition to school program in Term 4 will be provided shortly.

## Parent, teacher, student meetings this week

We would like to see parents and carers of our students this week and talk about our learning maps. Class teachers will meet in the library with students and parents to set some learning goals for the rest of the year.

Please contact the school to make an appointment. Mrs Mitchell will not be available on Thursday.

Students learning maps will be videoed and kept on file at the school. Copies will be sent home on a USB drive at the end of Year 6.



We are working on a learning pit to help students get better at talking about their learning. Every student goes into the pit when they get stuck. The trick is learning strategies to get out. Please ask your child/children to explain the pit to you.



Last week we all joined in a cartooning video conference. It was great fun and the 3-6 will be able to put their new drawing skills to work in class as we learn about Superheroes this term.





This term students are learning soccer skills for sport on Fridays.



## Live Life Well @ School



Average cost  
\$1.80



Average cost  
\$4.40

### Healthy lunchboxes save money

Compare the lunchboxes above. Cost comparisons using a leading supermarket saves you \$2.60 a day. That's a saving of \$515 per year for 1 child!

For more information: [Let's Look at Lunches](#)



Health  
Mid North Coast  
Local Health District

## Easy veggie, chicken & macaroni soup

Prep 20 mins | Cook 50 mins | Serves 6

6 cups chicken stock  
400g small chicken breast fillets  
1 tbs olive oil  
1 brown onion, finely chopped  
2 celery sticks, halved lengthways and chopped  
2 large carrots, halved lengthways and chopped  
1 Desiree potato, peeled and diced  
1 parsnip, peeled and diced  
½ cup dried macaroni pasta  
¼ cup flat-leaf parsley leaves, chopped  
Grated parmesan and whole grain toast, to serve

**Step 1** Heat 1 cup stock in a large saucepan over medium heat until simmering. Add chicken, cover and simmer for 4-5 minutes on each side or until just cooked through. Remove chicken to a plate. Pour stock into a heatproof jug, skim surface and set aside. Wipe pan dry with paper towel.

**Step 2** Heat oil in the saucepan over medium heat. Add onion and cook, stirring often, for 3 minutes. Add celery, carrots, potato and parsnip and cook, stirring often, for 5 minutes. Add reserved stock and remaining stock. Cover and bring to the boil. Simmer for 20-25 minutes.

**Step 3** Stir in pasta and parsley. Cook, stirring often for 10 minutes or until pasta is tender. Shred chicken and add to soup. Season with salt and pepper to taste. Ladle soup into serving cups or bowls. Sprinkle with parmesan and serve with toast.